

How to use this book for student

Purpose of This Book

- ▶ This book is designed for learners aiming to progress from the B1 to the B2 level of the CEFR/Japanese Language Education Reference Framework.
- ▶ It helps you deepen your thinking while developing your reading and listening skills.

Structure and Topics

- ▶ This book is divided into two parts: “読む×考える (Reading × Thinking)” and “聞く×考える (Listening × Thinking).”
- ▶ Each part contains 40 topics, numbered from 1 to 40. Topics with the same number are paired, allowing you to learn related themes.
- ▶ The topics are organized into five genres: “生活 (Daily Life),” “ニュース (News),” “ビジネス・アカデミック (Business/Academic),” “エッセイ・ノンフィクション (Essay/Non-fiction),” and “フィクション (Fiction).”
- ▶ For all genres, the level of difficulty gradually increases from the first half to the second half. However, since all the problems are independent, you may start with any lesson you like.

Question Format

For each topic, there are three levels of questions, LEVEL 1 through 3.

Level	Goal	Answer Format
LEVEL 1 (Content Check)	To confirm the basic content of the text or audio.	Multiple-choice, True/False, short answers, etc.
LEVEL 2 (Application)	To organize information based on the content, and take a step further to make inferences and observations.	Multiple-choice, short answers, etc. / Descriptive (Essay-type) (Varies by topic)
LEVEL 3 (Extension)	To state your own thoughts and opinions related to the content.	Descriptive (Essay-type)

About Descriptive Questions

- ▶ Unlike questions on language proficiency exams, the descriptive questions in LEVEL 2 and LEVEL 3 do not have fixed correct answers. Please feel free to write your own thoughts and ideas.
- ▶ By tackling questions without a single correct answer, you can develop the ability to construct your own unique ideas and opinions.
- ▶ It is not only helpful to think and write alone; it is also interesting to consult, dialogue, or debate with classmates. In class, please follow your teacher's instructions for exchanging opinions.

Logic of Thought (思考のロジック)

- ▶ LEVEL 2 and LEVEL 3 questions are accompanied by the “思考のロジック (Logic of Thought)” sections.
- ▶ Please read this section before attempting the problem to prepare your thinking.
- ▶ Use it as a reference when you are stuck or cannot come up with an idea.
- ▶ Even if you already know the answer, the Logic of Thought helps you develop a more logical reasoning process and clearer path to the solution.
- ▶ If you have your own unique opinion or idea, it is perfectly fine to approach the problem with a way of thinking that differs from the Logic of Thought. The important thing is that you can clearly explain your own reason for choosing your answer.

How to Proceed with Learning

The procedure for both “(読む × 考える) Reading × Thinking” and “(聞く × 考える) Listening × Thinking” is the same.

- ① Look at the topic title, the layout and design of the reading page, and the illustration on the listening page. Enter the learning activity after imagining what kind of discussion or story will appear.
- ① Check the “読む時間 (Reading Time)” / “聞く時間 (Listening Time)”.
- ② Use the “読む時間 (Reading Time)” / “聞く時間 (Listening Time)” as a guide to read the text or listen to the audio while taking notes.
 - ▶ The time for solving the problems is separate from this.
 - ▶ If you find the audio difficult, you may listen 2–3 times or play it back at a slower speed.
- ③ Answer the LEVEL 1 questions.
- ④ Read the LEVEL 2 questions and the “思考のロジック (Logic of Thought).” Confirm the intended way of thinking for the problem, and then write your answer.
- ⑤ Read the LEVEL 3 questions and the “思考のロジック (Logic of Thought).” Confirm the method for structuring your thoughts and opinions, and then write your answer.
 - The answers for non-descriptive questions are located at the end of each part.
 - Answers for descriptive questions are not included in this textbook. “解答例 / 解答のポイント (Sample Answers / Key Points for Answers)”, which can help you check if your reasoning is correct, can be downloaded from the website.

Download Audio and Sample Answers

The following files can be downloaded from the website:

